

## Some participant comments regarding Andy Kelly's Presentation of Mental Health First Aid training

- *Andy presented facts and situations in an easy manner. It was apparent before he informed us, that he had worked in the mental health area for some time. His empathy with those requiring aid was strongly evident. As a presenter I would say he was very good. Not an easy job presenting 'in the face' issues in a compassionate way to a group with broad range of experience with people needing mental health aid. (Pt Adelaide-Enfield Council 2016)*
- *Andy Kelly made the topics covered in the presentation precise and easy to understand. The presentation was easily laid out and the content flowed effectively. He was very successful at engaging appropriate attention from the audience*
- *It was good. A great insight into mental health and ways to deal with situations as they arise.*
- *I found the course invaluable when working in customer service focused environment*
- *I was pleased to be updated and also exposed to new approaches to use within a mental health situation*
- *The course was beneficial to myself and others from our department. Gained a lot from attending the 2 day sessions. BAE Systems 2015)*
- *Promoting awareness and being given the tools in order to support and educate not only those suffering from Mental health but also those affected by it.*
- *Andy was a really fantastic facilitator. He made the content really interesting and prevented it from becoming too heavy in the more difficult, confronting sections. Really enjoyed the way he communicated the content and felt engaged throughout the whole course. (BAE Systems 2015)*
- *Andy's matter-of-fact style of presenting really works for the material and topics. This meant that I was not distracted by being uncomfortable about a particular subject and loosing concentration.*
- *Terrific course and thoroughly recommended for any level of personnel. The presenter was very natural, genuine and easy to follow. Opportunities for discussion and questions were available all throughout the course. I really enjoyed the practicals. They were different and the message was clear. Very good course.*
- *Excellent knowledge of the subject presented in an easy to digest format.*
- *Andy was a great facilitator. His experience and examples enabled the course participants to continue to be engaged.*
- *I found the course very interesting and informative with lots of real life examples and a chance to practice the skills learnt.*
- *Loved it. Very good course. Information provided was excellent and the presenter very good at delivery.*
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- *Presenter had an excellent knowledge of the material and was able to add to this from his own personal experiences. The role play exercises were highly relevant to the presented material. The film clips shown added a lot to the overall understanding of what it is like to have a mental illness and in helping to identify the signs.*
- *The instructor was brilliant. He clearly knew his stuff and was very engaging.*
- *Andy was an excellent facilitator - we all found him fantastic.*
- *Andy was engaging and approachable throughout the course. His ability to relate the course content to his own experiences was particularly helpful. He regularly went back over content that we had previously learnt, which helped me to ensure that I retained relevant information.*
- *The group included lawyers, secretaries and shared services staff. I thought it might be difficult for the instructor to engage everyone, but he did. Probably one of the best instructors I have had, and dealt with a somewhat difficult topic with sensitivity. I strongly recommend Andy to anyone doing this course. (Minter Ellison Lawyers 2015)*
- *He was very personable and could relate the subjects he was talking about back to his own personal experience which made the course more interesting and entertaining.*
- *Andy was a great instructor. His passion for the material and his experience in the field meant that the content delivered was very clear and engaging.*
- *Very informative, well presented. Informative (Eudunda Hospital) 2015*
- *Very informative and educational. I enjoyed the interactive sessions.*
- *Well presented, and very informative and useful. Thanks Andy (National Pharmacies 2014)*
- *Andy K is a champ :) friendly, open minded and considerate of all those in the room with him, He is well spoken and has great depth of knowledge on the subject matter. He also made the time there enjoyable from start to finish and he was more than willing to help with context for me on a personal level with life situations/friends, Thanks for the info Andy all the best if you read this. 2021 PAEnf*
- *Andy is the strength of the course :) that and how the course identifies the smaller aspects in a person's daily life that can indicate that something might not be right and how to approach and enquire about it.*
- *Andy presented the subject well and it was good to hear of his experiences to help us understand each area. I was very pleased and would recommend him to any organization looking to upskill in this area. I have passed on the detail of this course already to another organization. 2021*
- *The overall learning experience during the 2 days was inspirational and highly educational 2021*

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- *I enjoyed the delivery of the course and feel that I have a lot more knowledge now than I did before! Thanks Andy. 2021*
- *Andy did a great job. He had a wealth of experience which he drew upon which made the course very interesting. 2021*
- *It was clear that the Instructor (Andy Kelly) has extensive knowledge and experience in the Mental Health area and was able to pass on his knowledge in this teaching. I highly recommend this course 2021*
- *I highly recommend this course to people who may work with others who may have mental health issues and for those who have exposure in their personal life. It helps in removing the "fear" of how to address issues.2020*